

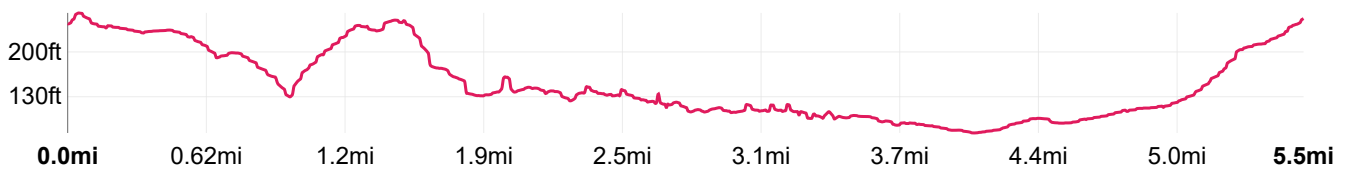
Route Information

Route Name WW MG Towthorpe

Route Summary

Total Distance	5.5mi (8.9km)	Walk	2h 28min
Elevation	78ft at lowest point	Run	48min
	254ft at highest point	Cycle	28min
Total Ascent	523ft		

Elevation Profile



Route Card

#	OS Grid Ref	Dist from start	Latitude	Longitude	Elevation
1	SE 878 439	0.00mi	53° 53' 2" N	0° 39' 54" W	238ft
	Dist to next: 5.52mi, Bearing to next: 39°, Ascent to next: 7ft				
	↑	(0° 39' 54" W 53° 53' 2" N 0ft.)			
	↑	(0° 39' 54" W 53° 53' 2" N 238ft.)			
2	SE 878 439	5.52mi	53° 53' 3" N	0° 39' 53" W	246ft