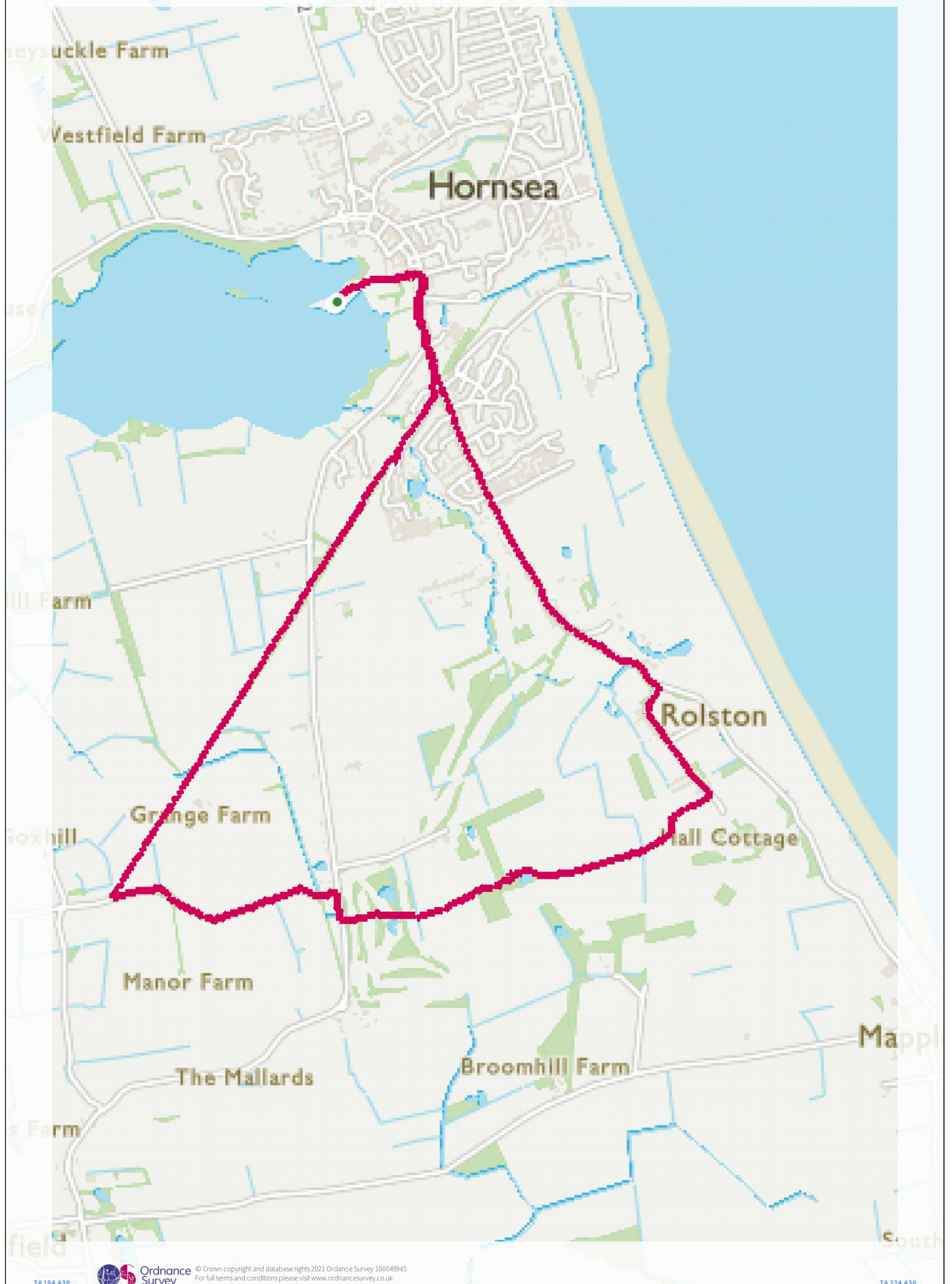




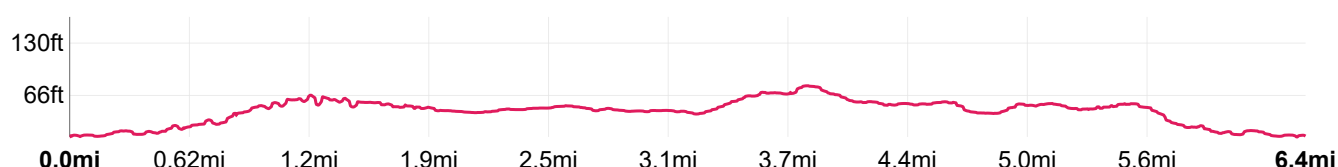
Route Information

Route Name WW JS Hornsea Rolston

Route Summary

Total Distance	6.4mi (10.3km)	Walk	2h 41min
Elevation	14ft at lowest point	Run	56min
	78ft at highest point	Cycle	32min
Total Ascent	236ft		

Elevation Profile



Route Card

#	OS Grid Ref	Dist from start	Latitude	Longitude	Elevation
1	TA 197 472	0.00mi	53° 54' 27" N	0° 10' 40" W	14ft
Dist to next: 6.41mi, Bearing to next: 30°, Ascent to next: 1ft					
	↑	(0° 10' 40" W 53° 54' 27" N 0ft)			
	↑	(0° 10' 40" W 53° 54' 27" N 14ft)			
2	TA 197 472	6.41mi	53° 54' 27" N	0° 10' 40" W	15ft